



# Ready for the summer of a lifetime?

*Family Orientation*

**CAMP**  
**Livingston**  
since 1920



# Agenda

- Cabin Life, Bunk Requests & Staff
- Communication
- Extensions
- Camp Meds and Health At Camp
- Transportation
- Offsite Trips
- Food At Camp
- Packing/Laundry/Labels
- Canteen
- Questions



**CAMP**  
**Livingston**  
since 1920



# Cabin Life, Bunk Requests & Staff

- 8-12 campers per cabin
  - We encourage campers to personalize their bunks and make their living space feel like home! Feel free to bring pictures, a special blanket, etc.
- Bunk Requests
  - Same grade/s
  - Mutual request
  - Be on the lookout for a bunk request form in your email this week
- 2-3 Staff per cabin
  - High school graduates and older
  - Rigorous staff training
- 20 supervisors on camp
  - 21 and older
  - Live amongst the the campers in separate housing
- Campers attend activities and eat meals with their cabin mates as well as have the chance to sign up for choice activities and spend downtime with other friends and/or relatives
- Downtime at camp
  - Daily rest hour and shower hour
  - Campers write letters, read, play cards, etc.
  - Pack your camper with activities they will enjoy during the less structured time at camp.



**CAMP**  
**Livingston**  
since 1920



# Communication from Camp

- Nightly Blogs
  - Short updates of the day at camp
  - Posted on Camp In Touch
- Frequent Photo Uploads
  - 100-150 pictures shared most days (Shabbat excluded)
  - Posted on Camp In Touch
- Weekly Shabbat Update
  - Updates from each Unit Head about the week at camp
  - Sent via email newsletter

**Forms Dashboard**

**Forms & Documents**  
Complete forms online and print important documents.

**Your Camper**

**Camper Application**  
Fill out our online camper application.

**Your Family**

**Update Addresses/Phone Numbers**  
Review and update your contact information.

**Your Account**

**CampStamps**  
Buy more or give some to your family & friends.

**Login Details**  
Change your e-mail address or password.

**Online Community**

**Email**  
Email your camper!

**News**  
Read the latest news!

**Video**  
See your camper in action!

**Photos**  
Check out our photo gallery!


**Gifts**  
Purchase prints and other great photo gifts!

**Guest Accounts**  
Create guest accounts for friends and family!

**Credit Card for CampStamps & Photos**  
Update your credit card information used for purchasing photos and CampStamps.

**CampStamps**  
Power Prints

[Email](#) | [News](#) | [Videos](#) | [Photos](#) | [Gifts](#) | [My Account](#) | [Home](#) | [Log Out](#)



**An Extraordinary Day-Hatzgah and Gaga!**

August 01, 2017

Second Session 2017

Today was an exciting day with a lot of laughter and fun! Cabins went to rotations in the morning which included sports on the A-field, swimming in the pool and lake, singing songs at music, and more. In the afternoon we had our 26<sup>th</sup> semi-annual gaga tournament! It was a tournament full of fierce competition, but in the end Jack Ryzenman came out as the 2017 2<sup>nd</sup> session Gaga Champion! Jack will have his name added to the Wall of Fame at the end of the session, along with our 1<sup>st</sup> session winner. This evening we were very excited to celebrate Rachel Rabinowitz's birthday with her! After a delicious pizza dinner, we sang the Camp Livingston birthday song and lifted her up in the birthday chair. After dinner the whole camp went up to the theater to see Camp Livingston's Hatzgah of "Annie". It was an amazing performance by our very talented campers. They have worked long and hard to put on an amazing musical, with the help of their loving director, Zak Lampert. We finished this wonderful day off on the lake bluff with a surprise fireworks show! It was an exciting end to an exciting day.

We can't believe tomorrow is the final full day of camp. The end of the session festivities are truly unique and special, and we can't wait to share that with the campers here. L'ailah tov!

**CAMP**  
**Livingston**  
since 1920



# Communication from Camp continued

- Facebook
  - 3-4 posts a week of pictures and narrative updates
  - Video content, ability to join us live for special events
- Instagram
  - 3-4 posts a week
- Email
  - Typically used for individual communication with families or with specific age groups
    - AU families will receive regular communication about trip departures and arrivals
    - Gesher families will have alternative communication through a trip blog
    - Bar/Bat Mitzvah lessons opted into via email in April
  - Pay close attention to email addresses and phone numbers you provided for camp communication
- Phone
  - You will receive at least 2 calls from your child's Unit Head, 1 before camp and 1 during the first few days of the session
  - Parents can always call the camp office 812-427-2202 which is staffed from 8:30am-5:30pm daily (Shabbat excluded)
  - An emergency phone number is available and will be emailed prior to the start of camp



**CAMP**  
**Livingston**  
since 1920



# Communication to Camper

- Incoming mail
  - Delivered to campers daily (Shabbat excluded)
  - Can be slower getting to rural Bennington, Indiana
  - Pay attention to content
    - Saying how much you miss your camper may cause homesickness
    - If you have any upsetting news to deliver to your camper, please let the camp office know so staff is aware of any potential changes in behavior
- Incoming email
  - Parents can send emails through Camp In Touch for a nominal fee
    - Printed and dispersed with all other daily mail
    - Campers cannot email back
- Packages - "The flatter the better"
  - DO NOT SEND FOOD!
  - Can be used if you forgot to pack your child something – do not drop off belongings at the JCC, they will not be delivered to camp
  - Do send magazines, toys, games, newspaper clippings, pictures, puzzle books, and anything else that your child and their bunkmates may enjoy.
    - Sealed With A Kiss LLC is a company that builds packages specifically for camps - <https://www.eswak.com/>
  - Packages are not necessary, but we recognize that some people may enjoy sending them



# Communication from Camper

- Outgoing Mail
  - Required letter writing days every 4-5 days, but sometimes campers may write to other family or friends
  - Please send pre-addressed, stamped envelopes
    - Include fill in the blank or multiple choice prompts on a post card to encourage your child to write more
  - Can be slower getting out of rural Bennington, Indiana
- Outgoing Phone
  - Campers cannot make phone calls during camp; only exception is a pre-arranged birthday call





# Season Extensions

- Campers enrolled in Taste of Livingston or Mini Session 1 or Mini Session 2 have the opportunity to extend their time at camp this summer!
- How?
  - You may receive an email from Camp 4-5 days prior to your child's scheduled departure from camp
  - You will be asked if your child is able to extend their camp session (some families have other camps or vacations planned that prohibit the possibility)
  - The Assistant Camp Director will talk to all campers who can extend to determine if they would like to extend their summer
  - If the your child does want to stay
    - Camp will confirm with you and arrange a time for the camper speak with you on the phone briefly to check in
  - Tuition and fees will be adjusted and you will be invoiced.
    - Full payment must be made by August 5<sup>th</sup> for any extension
    - Some scholarship opportunities are available mid summer for extensions
- Please consider thinking about this now and preparing your child accordingly
  - An extension is smoother if your child understands the possibility of it and is not surprised by the opportunity
  - If this is an option for your family, please let your child know that they can bring it up with the Assistant Camp Director





# Health at Camp and [www.CampMeds.com](http://www.CampMeds.com)

- We have a professionally staffed health center/infirmary
  - At a minimum one registered nurse lives at camp and staffs the health center 24 hours a day, seven days a week.
- Considering the rural county, the hospital and urgent care are 20-30 miles away and EMS is only 15 minutes from camp
  - If your child requires an overnight stay in the health center or a trip to the local doctor you will be notified by the camp nurse
  - If a prescription drug is deemed necessary, you will be notified by phone and will be billed for any co-pays or fees
    - Please include a copy of your prescription drug card with your medical forms.
  - If local emergency or non-emergency medical services are required, you will be notified as soon as possible and the provider will bill you for these services.



# Camp Meds and Health At Camp

- CampMeds is required and is used by camp in order to provide safe, efficient and professional dispensing of medicine
  - CampMeds packages all medicine with the camper's name, type of medication, dosage, and date on each package
  - Medicine is administered at all meals and bedtime – if your child needs an alternative time, please email [info@camplivingston.com](mailto:info@camplivingston.com) and we will make all reasonable accommodations
- Camp Livingston securely stocks most over the counter drugs for “as needed” use
  - You DO NOT need to use CampMeds for any of the following “as needed” over the counter medications
    - Acetaminophen, Benadryl, Claritin, Ibuprofen, Lactaid, cough drops, decongestant (Sudafed PE), antacid and all first aid supplies.
- All daily medication (including vitamins and other over the counter medication) must be ordered through CampMeds
  - They can fill almost anything – check directly with CampMeds on each medication type





# Camp Meds and Health At Camp continued

- Sunscreen
  - Our staff is trained to make sure all campers are using sunscreen
    - Please discuss the importance of this with your child before camp
  - We also suggest sending several hats to camp with your child
- Water/Hydration
  - Hydration is very important at camp
  - There are water fountains located at most of our activity areas and on each bathhouse
  - Water coolers are delivered throughout the day to different program areas of camp
  - All campers are encouraged to drink plenty of water at each meal
  - Make sure your camper comes to camp with a water bottle – they can purchase one from the Canteen if it gets lost or broken but they must have one with them every day!
- Lice
- Ticks/Poison Ivy
- Bedbugs

# Transportation

- To camp
  - A bus to camp is the first step in the amazing journey ahead!
  - If transportation is offered from your city we strongly encourage you to take advantage of it
    - Campers immediately make new friends
    - Staff on each bus to help make campers feel comfortable
  - First day of camp check in times and departure times are listed in the Parent Handbook for each city and will be emailed prior to the start of camp as a reminder
  - Camper drop off by car at camp must be between 11:30am and 12:00pm
  - For Gesher (Israel) program – alternative drop off at Camp on June 25<sup>th</sup> between 1:00 and 2:00 pm





# Transportation

- From camp
  - Mini Session campers will be picked up from camp between 10:00am and 12:00pm
  - End of session busses will arrive back to local JCC's at times listed in the Parent Handbook and will be sent out prior to the end of camp as a reminder
- Please refer to all times and dates in your Parent Handbook





# Scheduled and unscheduled offsite trips

- All of our full session campers will go on scheduled trips off of camp property
  - Trips can include hiking, canoeing, swimming, camping out, cooking food over an open fire, and extra outdoor adventure type programming
  - Trips are no more than 60 miles from Camp Livingston
  - Trips are fully staffed and all safety protocols are followed
  - No additional waivers or fees will be required for these trips
  - This is a regular (and exciting) part of the camp experience!
- Vehicles on all offsite trips may be driven by camp staff members who are 21 or older and included on camp's vehicle insurance policy, or licensed CDL drivers
- Adventures Unlimited (AU) trips will exceed 60 miles from camp
  - Camp will communicate with families about arrivals and departures from trips
  - Additional waivers are required



**CAMP**  
**Livingston**  
since 1920



# Food At Camp

- Camp food is awesome and diverse!
- Camp serves 3 meals per day plus a mid-day and evening snack
  - Favorite meals
    - Pizza bagels, grilled cheese and tomato soup, Friday cookouts, Shabbat dinners, chicken nuggets and French fries, and more!
  - In addition to the main course, there are always several sides as well as 2 salad bars with many kid friendly options
  - Peanut butter alternative and jelly sandwiches are available at each meal
- Camp is nut aware
- Camp is unsupervised Kosher – we take Kashrut seriously
- Our food service provider employs a culinary team which includes a children's dietician
  - Camp can accommodate most dietary needs and/or restrictions
- Our staff is trained to make sure campers are eating enough at meals
  - We understand the importance of good nutrition
- NO OUTSIDE FOOD IS PERMITTED – we promise they will get plenty to eat!
  - The safety of our campers (allergies) is our priority



**CAMP**  
**Livingston**  
since 1920



# Packing/Labels/Laundry

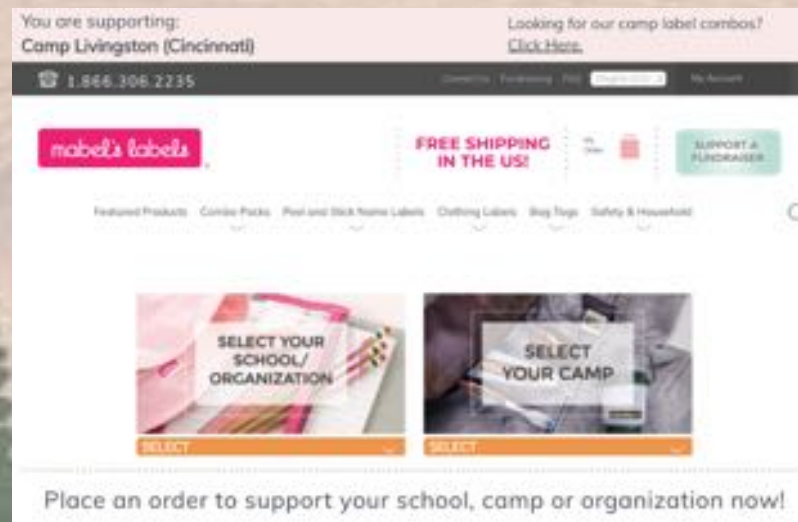
- Dress at camp is informal and comfortable
  - Friday Night (Shabbat)
    - Khakis and polos or skirts or summer dresses are very typical.
- Please send white clothing to tie dye
- Please send Maccabiah (color war) colors
  - Blue
  - Green
  - Red
- All belongings (clothes, linens, etc.) should fit in 2 soft sided bags – NO TRUNKS
- Suggested packing list is located in the Parent Handbook
  - AU and Geshar have alternative suggested packing lists
  - Taste of Livingston and Mini Session campers should cut back on the numbers on the list, which is based on the full session
  - Instruments are encouraged but we are not responsible for their care
  - No hammocks or chairs





# Packing/Labels/Laundry

- We recommend everything that comes to camp is labeled with your child's first and last names
  - It is the only way to ensure belongings are returned to the right camper
  - We recommend Mabel's Labels - Choose Camp Livingston from the drop down menu:  
[camps.mabelslabels.com](https://camps.mabelslabels.com)
    - Camp Livingstons Annual campaign benefits from each label sold and helps support scholarship and operating costs
  - If your child's belongings are not marked, camp is not responsible for returning these belongings and they will be donated to a relevant charity at the end of the summer
- A list of things NOT to bring to camp is included in the Parent Handbook
  - Food, money, expensive or valuable jewelry/clothes, hammocks, camping chairs (unless AU), PHONES and electronics are some of the highlights
  - Camp is not responsible for any of these items. All PHONES will be confiscated.
    - Gesher campers may have their phones for the trip portion (not while they are on camp)



**CAMP**  
**Livingston**  
since 1920

# Packing/Labels/Laundry

- Laundry
  - Once per session for mini session campers
  - Twice per session for full session campers
  - None for Taste campers
  - Laundry is included in camp tuition
  - Laundry bags must be clearly labeled with campers' first and last names





# Canteen/The Camp Store

- Campers will have an opportunity to visit the Canteen 3-4 times per week
- Items range from toiletries to writing supplies, fun camp swag, playing cards and snacks and drinks
- Credit is already on their account (DO NOT send cash)
  - \$15 Taste of Livingston
  - \$25 Mini Session
  - \$50 Full Session
- You can choose to add more credit to your child's account, it is not required
  - Campers are limited to what they can purchase each visit, which helps them learn how to budget
  - You will receive an email from camp if your child is close to running out of Canteen credit





# Remember

- Homesickness is NORMAL – please talk to your camper about homesickness before camp
- If your child has an opportunity to extend their summer please talk with them about it prior to camp
- Your child is having too much fun to write home too often!
- NO OUTSIDE FOOD
- Stick to the packing list
- We are always available by phone or email
  - Please keep in mind that camp is its own busy city
  - We take care of over 200 people daily, serving 600+ meals, ensuring everyone one is safe, healthy and happy
    - If we do not answer right away we will call/email you within 24 hours
    - If something is urgent we will call sooner



**CAMP**  
**Livingston**  
since 1920



# Questions?

**CAMP**  
**Livingston**   
since 1920